

## myHealthcare Cost Estimator

Member guide

Your personalized online tool that will empower you to make more informed health care decisions.



## Say yes to know.

## Get to know myuhc.com®

Get to know myuhc.com, your resource in helping you manage your health care. It gives you online access to your own personalized plan information while offering a wealth of health information to help you make more informed choices.

When you log on to myuhc.com, you'll have immediate access to extensive resources that will allow you to look up your benefits information, see if a claim has been processed, find a doctor, and, best of all, find resources to help you stay on top of your health.

Here are just a few ways myuhc.com helps you get the most out of your health plan:

- myHealthcare Cost Estimator —
   A new tool available to
   UnitedHealthcare members at no additional cost
- Practical, personalized information to help you better manage your health care
- Helpful tips and advice on the latest health and wellness trends
- Tools to help you control costs, compare services and anticipate future expenses



## Welcome to the next generation of health care.

## Introducing myHealthcare Cost Estimator.

In the ever-changing world of health care, myHealthcare Cost Estimator is changing the way you access personalized information for the better. This online tool provides more validated data than any other estimator of its kind. That's because the estimates used are based on available fee schedules or contracted rates, and when fee schedules/contracted rates are not available, estimates are based on claims averages for the particular provider. The information is also personalized to calculate estimated out-of-pocket expenses based on your plan and current benefit status. Plus, it's fully integrated with customer service and clinical support so you have easy access to a wide range of resources.

When you have the ability to access customizable resources, you have the knowledge to better understand your choices and be in greater control of your health care.

## Get started in four easy steps.

It's quick and easy to start using myHealthcare Cost Estimator. After all, the sooner you get started, the sooner you can help take control of your personalized health plan. And this is just the beginning. Currently the tool is available in over 45 markets, featuring in-depth information on over 100 procedures — with more to be added.<sup>1</sup>

- Step 1: Visit myuhc.com. If you have not registered, you'll need your member health plan ID number to get started.
- Step 2: Log in to your personal member portal and click on the "Estimate Health Care Costs" tab on the right.
- **Step 3:** Enter the ZIP code where you are seeking treatment.
- **Step 4:** Enter a treatment or condition to get started.

## Know the 4 Ps when shopping for health care.

myHealthcare Cost Estimator provides you with a wealth of information before you go to the doctor. Now, searching for personalized health care information is as easy as any online shopping experience.

1 PROCEDURE

Learn more about a procedure and compare treatment options.

2 PROVIDER

Select a quality provider for a procedure.

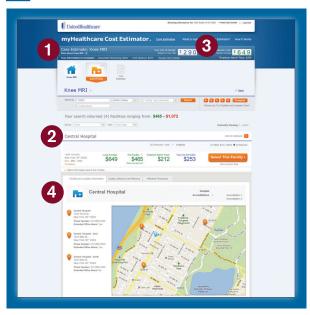
3 PRICE

Quickly estimate out-of-pocket costs for specific procedures.

4 PLACE

Locate providers based on geographic search criteria, view maps and print directions.





## Know your procedure.

PROCEDURE PROVIDER PRICE PLACE

## Learn about your procedure and compare treatment options.

myHealthcare Cost Estimator can help educate you on your procedure and inform you of alternative treatment options that may be more economical, with no compromise in quality.

- Research your condition to learn about your procedure and treatment options
- Follow a **Care Path** to understand your procedure options step by step
- Know what questions to ask the doctor, what to expect and how to prepare
- Explore in-depth information on over 100 procedures, with more to be added

# UnitedHealthcare myHealthcare Cost Estimator. Core Estate myHealthcare Cost Estimator. Core Estate You searched for: Knee MRI Vous search of for: Knee MRI Average business framework opinion Your search returned (3) Care Paths Knee MRI Average business framework opinion Your search returned (3) Care Paths Knee CT Scan Average business framework opinion Your search returned (3) Care Paths Knee CT Scan Average business framework opinion Your search returned (3) Care Paths Knee CT Scan Average business framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion Sale of the studies or an electronic framework opinion White Is NEE Act was a secure very process that on consect electronic maps of the energy opinion of the studies opinion Sale of the studies of the energy opinion of the studies opinion Sale of the studies opinion opinion opinion opinion Sale opinion opinion opinion opinion opinion opinion opinion Sale opinion opinion opinion opinion opinion Sale opinion opinion opinion opinion opinion opinion Sale opinion opinion opinion opinion opinion opinion Sale opinion opini

## Take charge of your care with a Care Path.

A **Care Path** is a planned treatment program that may consist of one or more health services that may span any length of time depending on the health condition being treated. Once you establish a **Care Path** on **myHealthcare Cost Estimator**, you can track your progress from the first consult to the last follow-up. It's easy to get started.

- 1) Log on to myuhc.com, then click on the "Estimate Health Care costs" tab on the right for myHealthcare Cost Estimator.
- 2) Answer a few short questions to establish your **Care Path.**
- 3) **Care Path** technology will track appointments, tests and follow-up care throughout treatment.

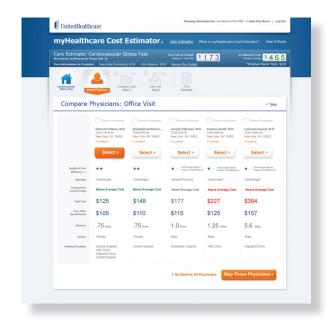
## Know your provider.



## myHealthcare Cost Estimator can help you personalize your search for a provider.

- Research available providers that specialize in your procedure
- See the quality and efficiency designations of participating providers based on the UnitedHealth Premium® designation program

Physicians are evaluated across 21 specialties, including family practice, internal medicine, pediatrics, cardiology and orthopaedics. Those who meet quality and cost efficiency standards receive two stars and those who meet quality standards receive one star. Facilities are evaluated for cardiac, total joint and spine, neonatology, congenital heart disease and infertility. Those that meet quality standards receive up to three stars and will be recognized as "higher efficiency," "average efficiency" or "lower efficiency" in addition to their quality designation.



It isn't always easy to find a doctor who is right for you. UnitedHealth Premium provides simple tools that can help you make more confident decisions.

The program recognizes physicians and facilities that meet national industry standards for quality and local market benchmarks for cost efficiency.

## Know your price.



## Easily estimate out-of-pocket costs for your procedure based on your specific health plan.

Access your personalized resources to quickly see your share of the cost based on your individual plan details. When it comes to your health, price isn't everything, but it is an important factor. That's why **myHealthcare Cost Estimator** is such a useful tool.

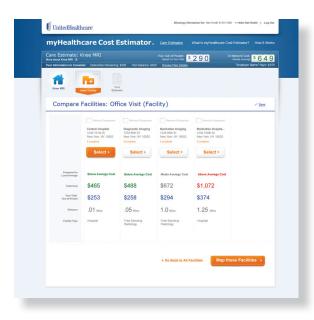
- Compare estimated prices of treatment options
- Discover whether prices are at, below or above market average
- Evaluate opportunities to reduce out-of-pocket costs

## Knowing your price helps you plan ahead.

With myHealthcare Cost Estimator you'll see the average estimate for any Care Path you choose, based on data collected from physicians, health care practitioners and hospitals in your geographic location. You can even personalize an estimate by selecting your preferred physician and facility. And because your health benefits information is integrated, you can easily understand what your member out-of-pocket costs would be.

**myHealthcare Cost Estimator** makes it easy to evaluate prices in your area.

- Green means the cost is below the local average
- Gray means the cost meets local averages
- Red means the cost is above average



# Know the place.

PROCEDURE
PROVIDER
PRICE
PLACE

### Find a provider whose location suits you.

When searching for a quality provider, it's helpful to know if their office is in a location that works for you. Search for locations in over 45 markets — with more to be added.

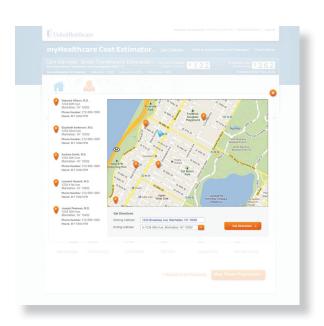
- Locate providers based on your geographic search criteria
- Find providers near home, close to work, or clustered near other physicians
- Get addresses and directions to the place you select

## Getting there is easier than ever.

When choosing a physician and a facility, location can be a deciding factor. With **myHealthcare Cost Estimator**, you can see a map of your particular area and pinpoint all of the appropriate physicians and facilities. So you'll know right away which location is most convenient for you.

### The choice is yours.

We provide the cost, quality and location information on physicians in the specialty you need. But ultimately the choice is yours when it comes to selecting the provider, procedure and place you think will deliver the quality of care you want.



## Take charge. Know more.

Be in the know. Making health care more accessible and transparent, so you can make more informed health care choices.

From your first doctor appointment to your last follow-up — myHealthcare Cost Estimator brings important information together for you in one place at one time. No more guesswork. With this online tool, finding the right health care for you is easy.

With its simple design, **myHealthcare Cost Estimator** provides you with access to transparent cost and quality information. This helps you make more informed decisions about your care. Simply type your preferences into the online tool. You'll quickly find an array of options that are personalized just for you so you can make decisions that fit your life, your budget, and most of all your health.

Start using myHealthcare Cost Estimator today. Currently the tool is available in over 45 markets and features in-depth information on over 100 procedures — with more to be added. After all, when you take charge, you'll know more about how to make the most of your health plan.

Visit myuhc.com to get started with myHealthcare Cost Estimator.



Depending on the ZIP code in which you live and/or work, you will have access to either our new online tool, myHealthcare Cost Estimator, or the current Treatment Cost Estimator tool.

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All UnitedHealthcare members can access a cost estimator online tool. Depending on your specific benefit plan and the ZIP code that is entered, either the new myHealthcare Cost Estimator, or the current Treatment Cost Estimator will be available. A mobile version of myHealthcare Cost Estimator will be launched soon, and additional ZIP codes and procedures will be added soon.