

DINING GUIDE

Dining is an essential part of the Lake Forest student experience - providing the fuel students need for academic, social, and athletic success and serving as hubs for building community around the table. This guide will help you make the most of the Lake Forest dining program so you can enjoy the convenience and variety available. Quality is at the core of what we do, ensuring satisfying meal experiences that are fresh, creative, seasonal, and made-from-scratch. We can't wait to serve you!

DINING LOCATIONS



GUS AND MARGIE HART DINING HALL

Our primary campus dining location, Hart Dining Hall is an all-care-to-eat dining destination featuring made-from-scratch comfort foods and soups, handmade pizza, grilled staples, artisan deli sandwiches, fresh-cut salads, and sweet desserts to top it all off. The wide variety featured throughout the week also includes vegetarian, vegan, and allergen-free options. Hart Dining Hall also features *Inspired Eats*. This is Parkhurst's dedicated station free of the top 9 food allergens. Our dining team is always available if you have any questions!

Monday – Thursday
Breakfast 7:30 a.m. – 9:30 a.m.
Lunch 10:45 a.m. – 2 p.m.
Dinner 4:30 p.m. – 8 p.m.

Friday
Breakfast 7:30 a.m. – 9:30 a.m.
Lunch 10:45 a.m. – 2 p.m.
Dinner 4:30 p.m. – 7:30 p.m.



NOLLEN CAFÉ

Nollen Café is located on the first level of Nollen Hall. Stop by if you're in the mood for delicious paninis, smoothies, and a variety of *On the Go!* items.

Wednesday – Sunday
 7 p.m. – 11 p.m.



BOOMERS

Boomers offers a variety of made-to-order sandwiches, wraps, and salads as well as Forester's Favorites like fresh made pizzas and burrito bowls. New in 2024... fresh made doughnut holes!

Looking for a beer or glass of wine? Stay on campus! You must be at least 21 years old and can stop by between 5 p.m. – 11 p.m., daily.

Monday – Friday
 11 a.m. – Midnight

Saturday & Sunday
 Noon – Midnight

Meal Exchange Hours
 8 p.m. – Midnight, daily



THE "PAW"

The Paw is located in the Sports and Recreation Center on South Campus. We proudly offer a variety of LFC favorites including: flatbread wraps, fresh fruit smoothies, protein shakes, and hand-crafted coffee and espresso drinks. You can also stock up on your favorite packaged snacks and drinks.

Monday – Friday
 8:30 a.m. – 9 p.m.

Saturday & Sunday
 9 a.m. – 8 p.m.



DEERPATH CAFÉ

Located in Deerpath Hall, The Café features hand dipped milkshakes, wings, and fries as well as many selections of *On the Go!* items.

Sunday – Saturday
 8:00 p.m. – Midnight



CYBER CAFÉ

Cyber Café, located in the Donnelley and Lee Library, is a student favorite for create-your-own coffee drinks, Boba, fresh-brewed iced tea, and Italian sodas. We also offer fresh-baked doughnuts and pastries. Keep an eye out for *On the Go!* items being offered this year. Stay focused while you study!

Monday – Thursday
 7:30 a.m. – 10 p.m.

Friday
 7:30 a.m. – 2 p.m.

Sunday
 5 p.m. – 10 p.m.



THE MARKET

The Market offers everything your dorm room will need to "survive" the semester. From canned water to *On the Go!* selections, to school supplies, and toiletries. We also offer a huge variety of drinks and snacks. In addition to fresh sushi prepared daily and many Gluten Friendly options to choose from, the Market is your one-stop-shop right here on campus.

Monday – Friday
 8 a.m. – Midnight

Saturday & Sunday
 10 a.m. – Midnight



MEAL PLANS

These plans are designed to maximize meal access and flexibility, and provide the best value. Unused meals expire at the end of the semester (except for commuter meal plan swipes).

21 MEAL PLAN

- 21 meal swipes per week in the Hart Dining Hall
- \$215 Boomer Bucks

15 MEAL PLAN

- 15 meal swipes per week in the Hart Dining Hall
- \$530 Boomer Bucks

10 MEAL PLAN

- 10 meal swipes per week in the Hart Dining Hall
- \$980 Boomer Bucks

COMMUTER MEAL PLAN

- 25 or 50 Block of Meals for use in the Hart Dining Hall
- Flex Dollars (equivalent to Boomer Bucks) can also be purchased for use at all of our Retail outlets in \$50 increments.

All plans include a meal exchange option at Boomers 8 p.m. – 12 a.m. (1 swipe per day)



MEAL PLAN TERMS

Meal swipes can be used for an "all-you-care-to-eat" meal from Hart Dining Hall, located in the Mohr Student Center (MSC).

Boomer Bucks are included with your meal plans and can be used for purchases at any of our retail locations and The Caf.

Any unused Boomer Bucks will roll-over from fall to spring semesters, but will not transfer into a new academic year.

Meal Exchange is included with all meal plans. This allows residential and commuter students with a meal plan, to "trade" a future meal in the Dining Hall for one at our "Boomers" location between the hours of 8 p.m. – 12 a.m. daily.

A "Meal" at Boomers includes dessert and drink. Boomers is located in the Lower Level of the MSC.

Faculty and Staff cost is \$55 for 10 meals.

FAQ

Who is required to have a meal plan? In order to keep you fueled for success and foster campus community, all Lake Forest College students living on campus are required to have a meal plan. The 10 Meal Plan is the default option.

Can I change my plan after the semester starts? Meal plans at Lake Forest can be adjusted based on the withdrawal billing policy of Lake Forest College.

What if I run out of Boomer Bucks? If you're running low on Boomer Bucks, Parkhurst has your covered. Flex Dollars can be purchased and used just like Boomer Bucks. Flex Dollars are tax-free and never expire, as long as there is activity at least once during the year.

I have special dietary needs or restrictions. Is there anything for me to eat? Yes! We understand the diverse needs of the Lake Forest campus community and offer a variety of diet conscious alternatives, such as vegetarian, vegan, gluten-friendly, lactose-free, and more at each location. Additionally, our "Inspired Eats" station ensures all of our menu items are labeled with the top 9 allergens. Our team has undergone rigorous training to be able to safely serve and support unique dietary needs. We encourage students to connect with our management team for personalized support and guidance!

Can I take a meal from Hart Dining Hall to go? Yes! If you'd rather enjoy your meal outside of the dining hall, you can use the Green Container Program option to take your meal wherever you like! See Cashier for details.

Do students have input in the menu selections and events offered? You bet! We have an easy-to-access QR code virtual comment card for students to share feedback and ideas. Our team reads each one and will respond back to those with contact information.

SEE WHAT'S COOKING

Follow us on social for menu features, special events, and a peek behind the scenes with our talented team!

 @lakeforestdining



LAKE FOREST DINING POINTS OF PRIDE



Fresh, cage-free shell eggs



Pizza dough freshly made from scratch



Entrée meats and seafood are prepared fresh in our kitchens



All chicken and fish hand-breaded by our chefs



Sauces made from scratch in-house



Soups simmered with stock made from fresh ingredients



Fresh-cut French fries



Guests can always find a meal free from the top 9 allergens and gluten

HAVE ANY QUESTIONS?

Please reach out to the dining team with any questions or concerns.

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