Lake Forest College
Health Professions Advisory Committee (HPAC)
(rev. March 2014)

HPAC Deadlines for Juniors or Seniors

The HPAC is here to help you get into the Health Professional School of your dreams!
Get the HPAC to back you through the process!

PRIOR TO APRIL 1:

- Get on the Pre-Health email if you are not already.
- Meet with a member of HPAC to discuss your career plans.
- Get a ForesterLink account and a LinkedIn account.

APRIL:

- April 1 – request that the registrar submit a transcript to AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS that includes spring semester grades as soon as it becomes available.
- Ask faculty and professional references for letters of recommendation (evaluation). Be sure to supply evaluators with Request for Letter of Evaluation and Waiver form **and** Guidelines for Evaluators.
- **Early April** - Prepare Request for HPAC Cover letter and Waiver form to be submitted on May 1.

  Students should obtain the Request for HPAC Cover Letter and Waiver form and submit this in person to the HPAC chair.
- MCAT, PCAT, DAT, or GRE should be taken by April-May, or June-July at the very latest.
- Ask Career Advancement Center, Writing Center and others to review your personal statement.

MAY:

- **May 1- Deadline for a Request for an HPAC Cover Letter and Waiver**
- **May 15** – Deadline for receipt of letters from evaluators.
- Mid-May, send thank-you notes or emails to each person asked for a letter of recommendation.

JUNE:

- A complete file to the HPAC consists of the following for AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS:.
  1. Request for HPAC Cover letter and Waiver form
  2. Completed centralized application form as a PDF
     OR resume, personal statement, and transcript (if centralized application form is not available)
  3. Your letters of evaluation
- Submit AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS application as soon as possible after receiving spring semester grades. *Over 80% of AMCAS applications nationally are submitted by June 30.*
- ***Don't wait until the deadlines! Understand what is meant by rolling admission!***
- *By June 30 or as soon as it is completed*, give the HPAC chair the AMCAS ID number, which must be included on all correspondence to medical schools, and an electronic copy of AMCAS completed application as a PDF, including MCAT scores.

JULY:

- Mid-July, email a list of schools, along with mailing addresses, to the HPAC chair.

JULY-SEPTEMBER:

- Complete secondary or supplemental applications for schools as soon as you receive them.